



Valued Living with Advanced Cancer Study

Are you living with metastatic cancer and feeling anxious, down, or distressed? Have you been avoiding planning for the future? RMCC and the University of Colorado Boulder are offering a study for adults with advanced cancer that compares a 6-session online group (aimed at teaching skills for coping with distress, focusing on values, and communicating and documenting wishes for care) to usual supportive care. Enrollees in the study will be randomly assigned to either attend the weekly group program and to complete questionnaires, or will be asked just to complete questionnaires (with an option to attend the group program at a later date). Participants in the study can earn up to \$150.

You may be eligible if you:

- Have stage IV solid tumor cancer
- Feel anxious, down, or distressed, and
- Are out of bed most of the day with the ability to attend online group sessions

*Multiple programs will be offered throughout the year, but you must enroll in advance. Please e-mail: ValuedLiving@colorado.edu or contact the research team at **720-515-9461** to learn more about this unique opportunity and to enroll!*