

Empower Your Recovery

Are you done with treatment and experiencing emotions that you didn't expect? Now that you find yourself at a transition point, how do you adjust to everyday life again? How do you invite healing and growth as you move forward? Please join us for a five-week program where we will explore the following topics: Physical recovery, self-care, relationships, doubt and hope, prioritizing, and moving forward. This group is open to survivors who have finished primary treatment within the past few years. Advanced registration is required.

Five consecutive Wednesdays, 2:00pm-3:30pm | July 20th, 27th, August 3rd, 10th, and 17th

To register, please contact Jacqueline Georgiana, LCSW at (303) 430-2746.



All groups are offered virtually through Zoom. Visit our website for a full listing.

